

7-2-2;5-1

Understanding Learning Styles

Grade Level	Seventh
Minimum Time Required	Two Class Periods
Materials/Resources	
Subject Area(s)	Guidance

Project Description:

Day One:

1. Talk to students about learning styles and give a brief definition. Tell them why learning styles are important in the classroom and work place.
2. Give each student a copy of the "Learning Styles" handout.

Day Two:

1. After completing the inventory and determining their scores, discuss the meanings with the students. Refer to the handout on styles.
2. With the student's help, design a graph on the chalkboard to show the percentages of students with each learning style.

Career Development Standard	Skills to interact positively with others. Understanding the relationship between work and learning.
Career Development Indicator	Demonstrate an appreciation for the similarities and differences among young people. Demonstrate effective learning habits and skills.
Delivery Level	Review
Academic Standards	
Language Arts	4.1.c Use input from others to determine the effectiveness of personal communication.
Employability/SCANS Skills	Personal Qualities, Basic Skills
Assessment/Rubric	Students will be evaluated based on class participation.

Submitted by: Career Kits for Kids-Grade 7

Learning Styles

When it comes to learning, the passage of time and personal advancement allows us to develop our own preferences. Some of us learn best by thinking quietly alone; others like to talk things out. Quiet places suit some learners: others prefer background noise or music. Research shows that we work better when we use our unique learning needs and strengths. Take a minute to explore your personal learning styles, or intelligence strength.

Read the following items. Circle Y (Yes) if it applies to you; N (No) if it doesn't. Add your Y responses and record your top three intelligence styles below.

Verbal/Linguistic

- | | | |
|---|---|---|
| 1. I learn best from reading books. | Y | N |
| 2. I learn a lot from listening to instructors. | Y | N |
| 3. I really enjoy explaining, teaching, and learning. | Y | N |
| 4. I find it easy and fun to learn a new language. | Y | N |
| 5. I easily remember the things I've learned. | Y | N |

Total Yes answers_____

Logical/Mathematical

- | | | |
|---|---|---|
| 1. I am good at solving problems with symbols. | Y | N |
| 2. I enjoy working with numbers and making calculations. | Y | N |
| 3. I find it easy to find answers based on information at hand. | Y | N |
| 4. I remember information best when it's numbered and in logical order. | Y | N |
| 5. I can easily apply new information to old formulas. | Y | N |

Total Yes answers_____

Visual/Spatial

- | | | |
|---|---|---|
| 1. Diagrams and drawings help me understand new ideas. | Y | N |
| 2. Give me a map and I can find my way anywhere. | Y | N |
| 3. I'd rather watch an expert first, then try a new skill. | Y | N |
| 4. It's easier for me to learn something new if it is plotted on a graph or chart | Y | N |
| 5. I prefer to explain my ideas by drawing pictures. | Y | N |

Total Yes answers_____

Kinesthetic

- | | | |
|---|---|---|
| 1. I learn by doing. | Y | N |
| 2. I like activities that require me to move around. | Y | N |
| 3. I often learn well by imitating others. | Y | N |
| 4. I prefer to explain my ideas by acting them out in role-plays. | Y | N |
| 5. I enjoy physical challenges. | Y | N |

Total Yes answers_____

Musical

- | | | |
|--|---|---|
| 1. I learn information easily when I put it to music. | Y | N |
| 2. I can't concentrate unless there is background music. | Y | N |
| 3. I find it easy to pick out rhythms in sounds I hear. | Y | N |
| 4. I always remember songs I hear on the radio. | Y | N |
| 5. I can easily repeat sounds and music I hear. | Y | N |

Total Yes answers_____

Interpersonal

- | | | |
|--|---|---|
| 1. I learn a lot from discussions. | Y | N |
| 2. I work better when I'm in a group. | Y | N |
| 3. I pick up on what other people think and want. | Y | N |
| 4. I learn about others by looking at their point of view. | Y | N |
| 5. I'd rather get information from people than books. | Y | N |

Total Yes answers_____

My top three preferred learning styles:

People learn constantly as they move through the years. Learning takes place in the workplace too. Take some time now to determine whether the career you select fits your preferred learning styles.

The Many Ways We Learn

Verbal/Linguistic Intelligence: Spoken and written communication come easily to people with this strength. They excel as writers, public speakers, or comedians.

Logical/Mathematical Intelligence: People with this strength are able to easily solve problems using numbers or abstract ideas.

Visual/Spatial Intelligence: This strength allows people to form pictures in their mind, which helps them with painting, sculpture, architecture, and navigation.

Kinesthetic Intelligence: People with this strength like to move their bodies. They do this to express emotion, play games, or create.

Musical Intelligence: Recognizing rhythms and harmonies is easy for those with this strength. They are also sensitive to the effects of sound.

Interpersonal Intelligence: Getting along with other people by understanding their moods and feeling is something people with this strength are able to do. They excel as counselors, teachers, and politicians.

Interpersonal Intelligence: Psychiatrists and philosophers often have this strength, which helps them understand other people.